Google Reviews
5.0 ★★★★★

ALIX & THE PACK

5 WEEK REACTIVITY COURSE
HOSTED BY ALIX

TO THE STRUGGLING DOG OWNER,

I do not have an eloquent metaphor to share. Nor do I have deep words of wisdom for you.

HOWEVER, THE FACT THAT YOU ARE READING THIS MEANS YOU ARE ALREADY ON THE RIGHT PATH.

Dealing with a reactive dog can be all consuming and I'm sure you were not envisioning this to be your life when owning a dog. Those "having your dog chill at a cafe with you" days seem far out of reach and instead you walk your dog only to exercise them before dropping them off at home to go out to *that* cafe.

We are here to help change that.

Hi, I'm Alix!

I'll be leading the 5 week reactivity course here at Alix & the Pack. I'm so excited to meet you, as well as help guide you through a big step you are making with your dog. My aim is to help you understand how to advocate for your dog so that they don't feel the need to advocate for themselves in a way you wouldn't prefer. Furthermore, I will be available throughout the course to answer any additional questions you may have.

For you to know a little bit more about me, I have a four year old French Bulldog mix named Pisco. I adopted him from a client in December 2019 and he came with a host of reactivity issues that I have been working on since.

ABOUT ALIX

ALIX & THE PACK'S TRAINING METHODS

Behavioural psychology tells us that operant and classical conditioning are the backbone of all training and learning – for humans and for dogs. Operant conditioning is thus a window of communication between species.

Dogs (and humans) want to maximize good experiences and minimize bad ones. They respond to cues from their environment, which will either reinforce or discourage a certain behaviour. Our methods reflect this science. Put simply, there is a fair reward for wanted behaviour and a fair correction for unwanted behaviour.

Dog training is a craft, and as such we adjust our methods to suit the unique needs of each dog. That being said, we always employ balanced training methods. Exercise, discipline, and affection are, in this order, the core principles of our training philosophy.

We apply the learnings from canine psychology to address the dog's state of mind that led to the unwanted behaviour, rather than only correcting the behaviour.

Training Course Itinerary

"A dog who tolerates intense, unwanted interactions from other dogs is the exception, not the norm."

– Alix, Lead Trainer

Session 1	**An indoor discussion** Although the reactivity you are facing is most likely outdoors, remember that your dog spends around 90% of their time indoors, which is where a lot of behaviour we deem "bad" is left unnoticed. Our first session is a sit down chat to discuss general reactivity and relate it back to your dog.
Session 2	**Half indoors, half outdoors** Our second session will take place within the first week as a lot will have happened already and we want to be there to answer those questions. In this session, we will start off by practicing the guest routine and place work. We will introduce and proof thresholds and begin with the slip leash.
Session 3	**Neighbourhood walk** We will meet outside and jump straight into loose leash walking, dog neutrality and some long line work. We will also discuss your dogs body language and analysing your dogs behaviour at different thresholds.

2900 DKK inc VAT

Price depends on location. Please email for further questions.

Training Course Itinerary

The first breakthrough for many dog owners is recognising that their principle role in obedience training is to supply consequences, as opposed to giving commands. Because cues don't drive behaviour, consequences do. The main focus in early obedience training is manufacturing, recognising and reinforcing those reinforceable responses at every possible opportunity.

Session 4	**Out of neighbourhood walk** In this session, we will meet in an area that your dog has not yet explored. This will bring a new level of arousal, which we will work on controlling with a multitude of exercises and techniques.
Session 5	**Reactivity class** The last leg of this reactivity course is applying all that you have learnt in the four private sessions into a reactivity class.

2900 DKK inc VAT

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SOME OF OUR HAPPY CLIENTS!

"I cannot recommend Alix enough. My dog (Ringo) was extremely nervous around other dogs and would sometimes become a bit aggressive towards others- which made walks in the park quite daunting for me. However, Alix's training completely put Ringo on the right path from the very first session! Not only did she help Ringo, but she also made me comfortable and confident again when out with him! Thank you so much Alix, you are incredible."

Daniela & Ringo

"Alix worked with us to help us with our dog's fixation on other dogs(which sometimes would lead to aggression). We had a few sessions with her. The first one we spent on observing the problem and talking about how we handled different situations in the past and how our dog reacted. The next few sessions were about training different techniques to handle the everyday situations one encounters when out for a walk. We are very happy with the results, now we have a collection of tools we can use and techniques to apply to fix the problem we had. Of course you can't get a reactivity problem like that fixed in a few sessions and it will take efforts on our side, but now we have the tools.

Alix is very friendly, always on time and very flexible. She was genuinely interested in helping our dog. I would highly recommend Alix!"

Ivailo & Loki

"We first started working with Alix when we adopted our puppy, Marley, who had a severe fear of other dogs. Alix gave us the tools to manage this, and worked with us to get to a point where Marley now feels comfortable and happy around other dogs. We are amazed at the transformation we see in our dog, and it is very much thanks to Alix. Not only this, but she has always been responsive to our questions and takes time to give advice outside of the sessions."

Anja & Marley

Questions? Contact us.

www.alixandthepack.dk
contact@alixandthepack.com
(45) 93 93 44 63