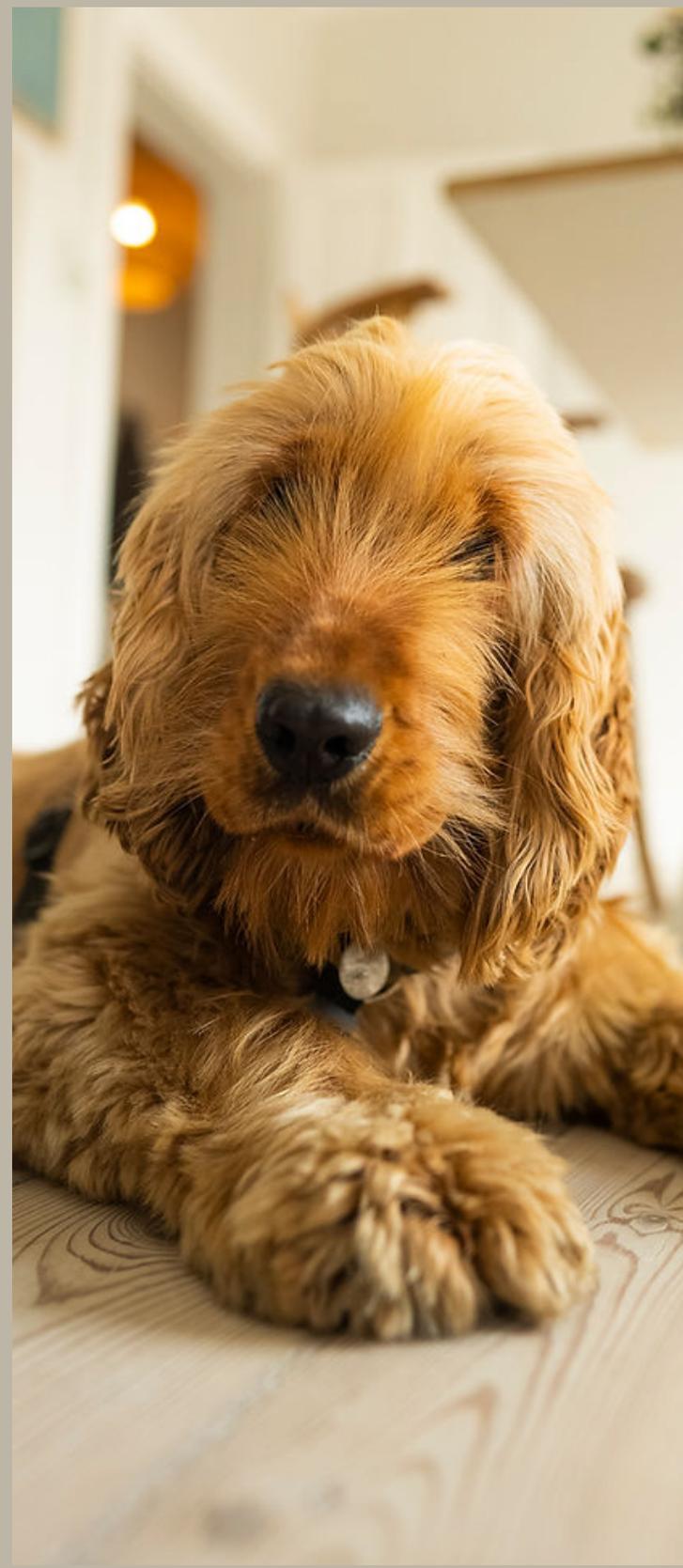


Google
Reviews
5.0 ★★★★★

Alix & The Pack



**5 WEEK REACTIVITY COURSE
HOSTED BY ALIX**

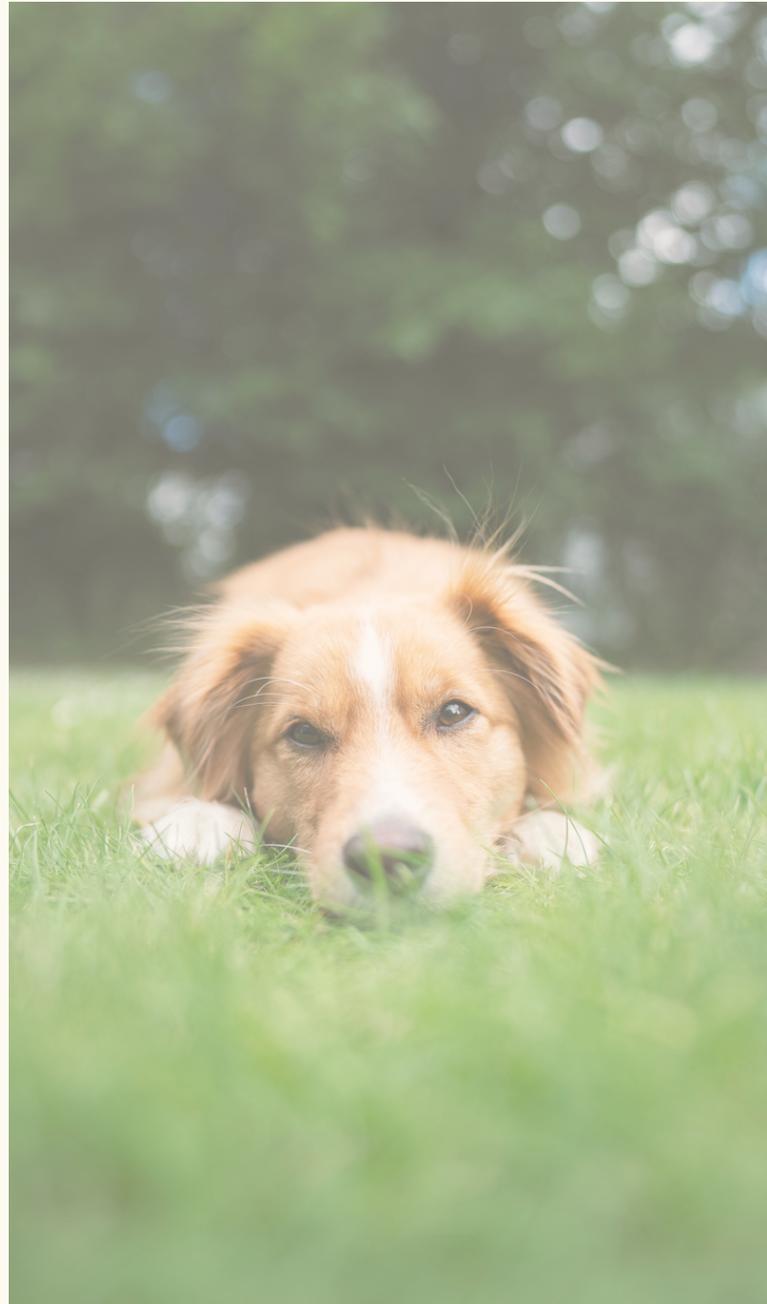
TO THE STRUGGLING DOG OWNER,

I do not have an eloquent metaphor to share. Nor do I have deep words of wisdom for you.

HOWEVER, THE FACT THAT YOU ARE READING THIS MEANS YOU ARE ALREADY ON THE RIGHT PATH.

Dealing with a reactive dog can be all consuming and I'm sure you were not envisioning this to be your life when owning a dog. Those "having your dog chill at a cafe with you" days seem far out of reach and instead you walk your dog only to exercise them before dropping them off at home to go out to *that* cafe.

We are here to help change that.





Hi, I'm Alix!

I'll be leading the 5 week reactivity course here at Alix & the Pack. I'm so excited to meet you, as well as help guide you through a big step you are making with your dog. My aim is to help you understand how to advocate for your dog so that they don't feel the need to advocate for themselves in a way you wouldn't prefer. Furthermore, I will be available throughout the course to answer any additional questions you may have.

For you to know a little bit more about me, I have a four year old French Bulldog mix named Pisco. I adopted him from a client in December 2019 and he came with a host of reactivity issues that I have been working on since.



ABOUT ALIX

ALIX & THE PACK'S TRAINING METHODS

Behavioural psychology tells us that operant and classical conditioning are the backbone of all training and learning – for humans and for dogs. Operant conditioning is thus a window of communication between species.

Dogs (and humans) want to maximize good experiences and minimize bad ones. They respond to cues from their environment, which will either reinforce or discourage a certain behaviour. Our methods reflect this science. Put simply, there is a fair reward for wanted behaviour and a fair correction for unwanted behaviour.

Dog training is a craft, and as such we adjust our methods to suit the unique needs of each dog. That being said, we always employ balanced training methods. Exercise, discipline, and affection are, in this order, the core principles of our training philosophy.

We apply the learnings from canine psychology to address the dog's state of mind that led to the unwanted behaviour, rather than only correcting the behaviour.

Training Course Itinerary

"A dog who tolerates intense, unwanted interactions from other dogs is the exception, not the norm."

- Alix, Lead Trainer

Session 1

An indoor discussion

Although the reactivity you are facing is most likely outdoors, remember that your dog spends around 90% of their time indoors, which is where a lot of behaviour we deem "bad" is left unnoticed. Our first session is a sit down chat to discuss general reactivity and relate it back to your dog.

Session 2

Half indoors, half outdoors

Our second session will take place within the first week as a lot will have happened already and we want to be there to answer those questions. In this session, we will start off by practicing the guest routine and place work. We will introduce and proof thresholds and begin with the slip leash.

Session 3

Neighbourhood walk

We will meet outside and jump straight into loose leash walking, dog neutrality and some long line work. We will also discuss your dogs body language and analysing your dogs behaviour at different thresholds.

Training Course Itinerary

The first breakthrough for many dog owners is recognising that their principle role in obedience training is to supply consequences, as opposed to giving commands.

Because cues don't drive behaviour, consequences do. The main focus in early obedience training is manufacturing, recognising and reinforcing those reinforceable responses at every possible opportunity.

Session 4

Out of neighbourhood walk

In this session, we will meet in an area that your dog has not yet explored. This will bring a new level of arousal, which we will work on controlling with a multitude of exercises and techniques.

Session 5

Reactivity class

The last leg of this reactivity course is applying all that you have learnt in the four private sessions into a reactivity class.



Questions? Contact us.

www.alixandthepack.dk

contact@alixandthepack.com

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