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Reviews  
5.0 ★★★★★

# ALEX & THE PACK



5 WEEK PUPPY COURSE  
*HOSTED BY NATALIE*

# Training Course Itinerary

The biggest mistake new puppy owners make is going too fast, too quick. Jumping into teaching the puppy commands without first setting up foundational skills such building a relationship and communication with the puppy. Often the handlers role in communicating and understanding the puppy is over looked. In this course we will be teaching you, the person, the foundational skills you need in order to help avoid behavioural issues later on in life.

## Session 1

### Familiarising yourself to your new companion

In the first week, we will discuss building the perfect routine, crate training, guests visiting, the way your puppy learns, a manners overview, what socialisation means and how you should behave around your dog.

## Session 2

### Socialisation

In this session, we will prioritise healthy socialisation.

Additionally, we will talk about puppy biting and chewing things. We will also solidify your puppy's name, the art of luring and the release marker.

## Session 3

### Commands

We will be discussing how to introduce basic commands such as recall, leave it, drop it and leash pressure.

# Training Course Itinerary

Socialisation is very much a "Goldie Locks" situation. And it can be difficult to actually let your young puppy meet any dogs because which dog is the right dog and when do you stop the interaction so that the puppy doesn't have an extreme response or emotion to the event. In this course we will help to guide you through healthy socialisation as well as how to read your dog's body language.

## Session 4

### Adding more commands

These last two sessions will depend entirely on your puppy's progress and your end goal, however, usually this will involve generalising the commands to the outside world (according to the four phases of learning).

## Session 5

### The Ideal City Walk

We meet at your local metro station and take the metro into the city centre. We walk through Stroget to reach Magasin and do some indoor exposure. If this isn't for you, we can also meet at Fælledparken or Amager Fælled.

For the Puppy Course, it is necessary you have a **silicone treat pouch, crate or bed, a thin indoor leash, a long line (5+ metres) and a tug toy.**