



ALEX & THE PACK



4 WEEK REACTIVITY
COURSE
HOSTED BY ALIX

Training Course Itinerary

"A dog who tolerates intense, unwanted interactions from other dogs is the exception, not the norm."

- Alix, Lead Trainer

Session 1

An indoor discussion

Although the reactivity you are facing is most likely outdoors, remember that your dog spends around 90% of their time indoors, which is where a lot of behaviour we deem "bad" is left unnoticed. Our first session is a sit down chat to discuss general reactivity and relate it back to your dog.

Session 2

Half indoors, half outdoors

Our second session will take place within the first week as a lot will have happened already and we want to be there to answer those questions. In this session, we will start off by practicing the guest routine and place work. We will introduce and proof thresholds and begin with the slip leash.

Session 3

Neighbourhood walk

We will meet outside and jump straight into loose leash walking, dog neutrality and some long line work. We will also discuss your dogs body language and analysing your dogs behaviour at different thresholds.

Training Course Itinerary

The first breakthrough for many dog owners is recognising that their principle role in obedience training is to supply consequences, as opposed to giving commands. Because cues don't drive behaviour, consequences do. The main focus in early obedience training is manufacturing, recognising and reinforcing those reinforceable responses at every possible opportunity.

Session 4

Out of neighbourhood walk

In this session, we will meet in an area that your dog has not yet explored. This will bring a new level of arousal, which we will work on controlling with a multitude of exercises and techniques.

For the Reactivity Course, it is necessary you have a **silicone treat pouch, a regular short leash, a long line (5+ metres) and a tug toy.**