

Google
Reviews
5.0 ★★★★★

ALEX & THE PACK



5 WEEK PUPPY COURSE
HOSTED BY NATALIE

IMAGINE THIS...

It's a gorgeous summers day in central Copenhagen. You look to your left and a Standard Poodle is trotting alongside her owner on a loose leash, ignoring all distractions that pass her. Ahead of you are two Staffies lying down outside Atelier September with their owners who are busy chatting away over a cappuccino.

YOU CAN BET THAT THOSE DOGS HAVE BEEN TRAINED BY ALIX & THE PACK.

We are here to teach you functional obedience - training that lasts. With this Puppy Course, we strive to bridge the communication gap between dogs and people by building on structure, respect and play.



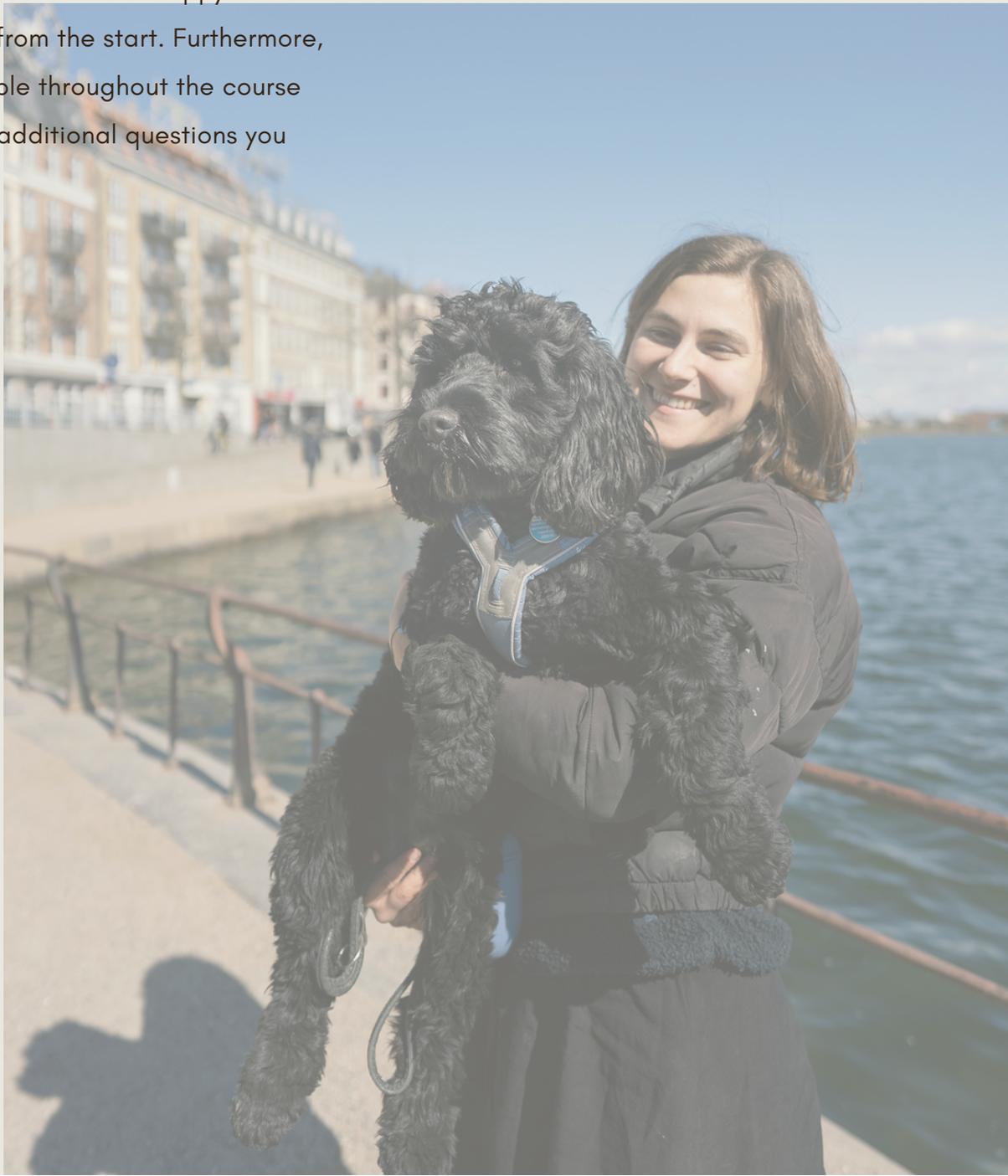


Hi, I'm Natalie!

I'll be leading the 5 week puppy course here at Alix & the Pack. I'm so excited to meet you, as well as help guide you through the first month of life with your puppy. My aim is to help set you and your puppy up for a balanced & happy life together right from the start. Furthermore, I will be available throughout the course to answer any additional questions you may have.

For you to know a little bit more about me, I have a year old Cockerpoo named Blue and have trained him since 8 weeks old. He's travelled with me to many places so instilling calmness has always been a top priority.

ABOUT NATALIE



ALIX & THE PACK'S TRAINING METHODS

Behavioural psychology tells us that operant and classical conditioning are the backbone of all training and learning – for humans and for dogs. Operant conditioning is thus a window of communication between species.

Dogs (and humans) want to maximize good experiences and minimize bad ones. They respond to cues from their environment, which will either reinforce or discourage a certain behaviour. Our methods reflect this science. Put simply, there is a fair reward for wanted behaviour and a fair correction for unwanted behaviour.

Dog training is a craft, and as such we adjust our methods to suit the unique needs of each dog. That being said, we always employ balanced training methods. Exercise, discipline, and affection are, in this order, the core principles of our training philosophy.

We apply the learnings from canine psychology to address the dog's state of mind that led to the unwanted behaviour, rather than only correcting the behaviour.

Training Course Itinerary

"The biggest mistake dog owners make is going too fast, too quick. Believe me, we are not in a rush to teach your puppy all sorts of commands. Your puppy needs to first understand the "game" they're in before you explain to them the rules. In other words, your dog needs to see you as high value and have drive to work."

- Alix, Lead Trainer

Session 1

Familiarising yourself to your new companion

In the first week, we will discuss building the perfect routine, crate training, guests visiting, the way your puppy learns, a manners overview, what socialisation means and how you should behave around your dog.

Session 2

A follow up

Our second session will take place within the first week as a lot will have happened already and we want to be there to answer those questions. In this session, we will talk about puppy biting and chewing things. We will also work on teaching your puppies name, the art of luring and the release marker.

Session 3

An Exposure Walk

Learning the unwritten rules on a walk, socialising your dog in a controlled manner and properly exposing your dog to new stimulus. We will also discuss your dogs body language, teaching dog neutrality and analysing your dogs behaviour at different thresholds.

Training Course Itinerary

The first breakthrough for many dog owners is recognising that their principle role in obedience training is to supply consequences, as opposed to giving commands.

Because cues don't drive behaviour, consequences do. The main focus in early obedience training is manufacturing, recognising and reinforcing those reinforceable responses at every possible opportunity.

Session 4

Adding more commands

In this session, we will practice the sit and down command as well as adding the stay to it. We will also introduce the heel command. We will discuss tethering in place as well.

Session 5

The Ideal City Walk

We meet at your local metro station and take the metro into the city centre. We walk through Stroget to reach Magasin and do some indoor exposure. We will finish off our exposure walk in Kongens Have with some exploring games, loose leash walking and recall exercises.

Puppy Class

Come to a puppy class on us!

After all your hard work throughout the weeks, we want to impress you with how much your puppy knows by putting it to the test! In this class, we work on healthy socialisation, handler focus, sit & down stays as well as recall.

SOME OF OUR HAPPY CLIENTS!

 **Kristen Harpell**
1 review

★★★★★ a week ago **NEW**

We took the 5 Week Puppy course with Natalie for Poppy our 4-5 month old vizsla puppy. Natalie was so knowledgeable and helpful from day 1 and we always ended sessions feeling so much more confident and sure of what we were doing and the route we were taking with Poppy. We had several "ahaaa" moments over the weeks, where Natalie made insights into Poppy's behaviour and personality that helped things click for us and better understand what was going on with our puppy. While there were some clear goals and outline in the course, she was also flexible and able to pivot to the areas we needed more time and focus. Would absolutely recommend the puppy course and Alix and the Pack as a whole.

 Reply  Like

 **Beata Lindau**
1 review

★★★★★ a month ago

We did the 5 week puppy course with our mini daschound Frankie, and the results has been amazing. We could not be more happy, and Natalie is the absolutely best. She made us feel so good during the whole process, and made our puppy-time easier. We highly recommend everyone doing this, you won't regret it for a second! // Team Frankie

 Reply  Like

 **andrei varga**
2 reviews · 1 photo

★★★★★ a month ago

We are very happy with this training program, Natalie helped us a lot to build up a communication channel between Icy and us, thanks to Alix & Natalie for make this possible with all the tips and advices. This training is not just for dogs is also for the owners, we are totally recommend Alix & the Pack with other dog owners.

 Reply  Like

 **Karin Brantbjerg Madsen**
1 review

★★★★★ a week ago **NEW**

(Translated by Google) I can only give my best recommendations to Natalie who has worked with me and my little Boston Terrier puppy, Nelly. Nelly barked when she was alone at home and I was quite worried that she wouldn't be able to learn to be alone as nothing seemed to help. With the help of Natalie's expert advice and guidance, I have done various exercises with Nelly, on which she built up longer and longer tolerance towards being alone. There were things that were important for this that I hadn't thought about, for example my own movements when I had to leave home and leadership in relation to Nelly. Natalie has a fantastic ability to read both dog and human and what is needed in the training.

(Original)
Jeg kan kun give mine bedste anbefalinger til Natalie som har arbejdet sammen med mig og min lille Boston Terrier hvalp, Nelly. Nelly gæde når hun var alene hjemme og jeg var temmelig bekymret for at hun ikke ville kunne lære at være alene da intet synes at hjælpe. Ved hjælp af Natalies kyndige rådgivning og vejledning har jeg lavet forskellige øvelser med Nelly, hvorpå hun oparbejdede længere og længere tolerance overfor at være alene. Der var ting som havde betydning for dette som jeg ikke havde tænkt på, fx mine egne bevægelser når jeg skulle gå hjemmefra og lederskab ift Nelly. Natalie har en fantastisk evne til at aflæse både hund og menneske og hvad der er behov for i træningen.

 Reply  Like



Questions? Contact us.

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